

# GROW YOUR OWN AVOCADO TREE

In the Future of Food, more and more of our fruits and vegetables will be grown indoors using hydroponic techniques, where the roots are placed in nutrient-rich water instead of soil. Want to see how it works? Try this simple experiment!

## WHAT YOU'LL NEED:

1 Avocado

3 Wooden Skewers (or Toothpicks)

1 Clear Juice Glass

Water

## WHAT YOU'LL DO:

1.

With the help of a parent or other grownup, cut open the avocado and remove the seed from the middle. *(Tip: ask a grownup to turn the rest of the avocado into a delicious bowl of guacamole.)*

2.

Wash the avocado seed beneath running tap water and then dry it thoroughly.

3.

Once dry, place it on a counter with the pointy side facing up and insert 3 wooden skewers at an upward angle around the center. *(Tip: be careful with the skewers. Ask a grownup if they would like to help you.)*

4.

Place the avocado seed on the juice glass so the skewers rest on the rim.

5.

Fill the juice glass with tap water just enough to cover the bottom half of the seed, then place it somewhere warm and sunny, but out of direct sunlight.

6.

Check in on the seed daily to see if any roots or a stem have sprouted. If the water level has dropped below the seed, add more water.

7.

Once the stem is over 6 inches tall, place your plant in a pot with soil, leaving half of the seed exposed.

8.

Pat yourself on the back! Your avocado plant is on its way to becoming a tree!





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